



Breakfast Cocktails

2 of the same type for £15.00

Spicy Mango Margarita £8.50 (V)

Olmeca Blanco, Cointreau, lime, orange, Salt mango hot sauce & spicy salt rim

Kimchi Bloody Mary £8.50 (VE)

Absolut, Salt kimchi, Sriracha, Hendersons, Big Tom & Salt spice mix

Local Honey Espresso Martini £8.50 (V)

Absolut, Kahlua, Carelton honey, Timber Town double espresso & Maldon salt

Rhubarb & Raspberry Mimosa £7.50

Rhubarb & raspberry compote, pressed apple & Prosecco

Liqueur Coffee £6.00

Baileys Latte (V)

Baileys, double espresso, steamed milk

Irish Coffee (V)

Jamesons, Americano, Double Cream

Italian Coffee (V)

Disaronno, Americano, Double Cream



If you have any dietary requirements please inform a member of staff. Even though we have a small kitchen we will try our best to accommodate, but we cannot guarantee lack of cross contamination.



Spring Menu

Breakfast is the most important meal of the day so we take that seriously.

*We love our local suppliers.
The eggs in your omelette come from half a mile down the road, our sourdough handmade by Stuart at Lagom & our salmon is hot smoked at Glasson Dock*

Made with love in our tiny kitchen.



gluten free, kids & takeaway menus
are available on request



Little Breakfast

- Sourdough Toast** £2.90 (V) or (VE)
Lagom Bakery sourdough served with Derby Hill Farm butter & Salt strazzberry jam
- Banana Bread** £4.50 (V) (N)
Chocolate pecan banana bread served warm with almond butter
- Raspberry & Lemon Muffin** £3.50 (VE)
With vegan clotted cream
- Rhubarb & Raspberry Almond Granola** £8.00 (V)(N)
Vanilla bean Greek yoghurt, honey almond granola, rhubarb and raspberry compote, almond butter & macerated berries

Check our bake stand for our ever changing homemade bakes

Salt Brunch

- Toronto Toast** £12.50
Thick brioche French toast, smoked streaky bacon, whipped vanilla ricotta, macerated berries & maple syrup
(V) swap streaky bacon for caramelised banana
- Huevos Rancheros** £12.50 (N)
Two caramelised fried eggs, charred salsa roja, ancho beans, avocado crema, feta, jalapeno & coriander oil on grilled corn tacos
Add chorizo +£2.00
- Breakfast Jambalaya** £14 (N)
Chorizo, sausage and chicken jambalaya with two caramelised eggs, spring onion & ancho peanut oil
- The Gillian Anderson** £13.50
Lancaster honey hot smoked salmon, soft boiled egg, whipped lemon cream cheese, mustard & dill potato salad, pickled cucumber, Everything seasoning & bagel chips
- Fluffy Pancakes**
See our specials board for this week's diner style pancakes!
Available Friday/Saturday/Sunday
- Eggracababra** £11.50 (V) (N)
Herby soft scramble & charred tender stem broccoli topped with feta, pine nuts, garlic & Aleppo oil on toasted sourdough. Served with herby salad
Add pancetta +£2.50
Add Lancaster hot smoked salmon +£3.50
- The Bella Hadid** £12.00 (V) or (VE)
Blistered cherry tomatoes, galayet bandora, labneh, garlic Aleppo oil, tahini and pickled onion. Served with Lebanese flatbread
Add soft boiled egg +£1.50
Add Feta +£1.50
(VE) swap Labeh for hummus
- BOOMAYAH** £12.00 (VE) (N)
Mayak silken tofu, Salt kimchi tomato beans, pickled cucumber salad, wilted spinach & peanuts. Served on toasted sourdough

*Abraals? for Spring?
Ground breaking x*

(V) vegetarian (VE) can be made vegan (N) includes nuts

Sandwiches *add a cup of soup to any sandwich +£2.50*

- Steak Frites** £14.00
6oz Bavette steak, shoestring fries & bearnaise on a warm buttered baguette. Served with cognac pan sauce & cornichons
Served medium rare
- Kate Mozz** £11.00 (V) (N)
Mozzarella Carozza grilled cheese in herby panko breadcrumbs & parmesan. Served with spicy tomato vodka sauce & seasonal pesto
- Sausage Street Preachers** £9.50
Pork, leek & apple sausage patty, cheddar and Guinness sauce, pancetta, crispy leeks & Salt mustard on a butter grilled brioche bun
Add an extra sausage patty +£3.00
Add a fried egg +£1.50

- My Roman Empire** £13.50
Shredded roast chicken, sesame Caesar dressing, romaine, pancetta, tender stem broccoli & parmesan breadcrumbs on a warm buttered baguette. Served with mustard & dill potato salad
available as a salad

- Bombay Bad Boy** £9.50 (VE)
Curried chickpea and potato patty with mango chutney, spinach, aloo bhujia, pickled red onion & spicy mayo on toasted sourdough. Served with herby salad
Add Emmental +£1.50
Add a fried egg +£1.50

- Mayak Egg Butty** £9.50 (V)
Two soy, chilli and sesame fried eggs, crispy potato, Emmental, spinach and Salt kimchi with spicy mayo on a butter grilled brioche bun

Tots

- Tots** £4.50 (VE)
Seasoned with Maldon salt and a choice of dip. Choose from Salt Ketchup (ve), Salt mustard (ve), bearnaise (v), sesame Caesar, spicy mayo (ve), salsa roja (ve), hummus (ve),
Extra dip +£0.90
- Taco tots** £7.50 (N)
Tots tossed in salsa roja, topped with chorizo, feta, avocado crema, salsa macha & crispy tortilla
- Sesame tots** £6.50 (VE)
Tots tossed in garlic Aleppo oil, topped with hummus, tahini, sesame, pickled onion & crispy shallots
- Tots alla vodka** £7.50 (V) (N)
Tots tossed in spicy tomato vodka sauce, topped with fior di latte, parmesan, seasonal pesto & pangrattato
- Rarebit tots** £7.50
Tots topped with Guinness and mature cheddar rarebit, Salt mustard, Lea & Perrins & crispy leeks
Add crispy streaky bacon +£2.00

Sides

- Mustard & dill potato salad** £3.50 (VE)
- Seasonal side salad** £3.50 (VE)
- Sesame Caesar side salad** £4.50
Romaine lettuce, sesame Caesar dressing, anchovies, pangrattato & parmesan
- Soup of the Day** £7.00
Served with sourdough & Derby Hill Farm butter
(V) vegetarian (VE) can be made vegan (N) includes nuts