



GOOD  
FOOD<sup>TM</sup>  
AWARD

spring

# SALT of the earth

menu



## Little Breakfast

Sourdough Toast £3.00 (V) or (VE)

*Lagom Bakery sourdough served with Derby Hill Farm butter & Salt strazzberry jam*

Banana Bread £4.50 (V) (N)

*Chocolate pecan banana bread served warm with whipped vanilla mascarpone*

Lemon Blueberry Muffin £3.50 (VE)

*With vegan cream cheese frosting*

The Pineapple Song £8.50 (V) (N)

*Coconut Greek yoghurt, Salt toasted coconut granola, pineapple marmalade, lime curd, mango honey & berries*

PB & J Toastie £8.00 (V) or (VE) (N)

*Waffle toasted Salt peanut butter & raspberry grape jam with toasted peanuts on brioche tin loaf. Served with whipped vanilla mascarpone & speculoos crumble*

*Add smoked streaky bacon +£2.50  
Add caramelised banana **10 dollars!** +£2.00*

*Check our bake stand for our ever changing homemade bakes*



## Salt Brunch

Toronto Toast £12.50

*Thick brioche French toast, smoked streaky bacon, blueberry compote, whipped vanilla mascarpone, speculoos pretzel crumble, fresh berries & maple syrup*

*(V) swap streaky bacon for caramelised banana  
Add caramelised banana +£2.00*

Nina Salmone £14.00

*Lancaster honey hot smoked salmon, potato & fennel salad, soft boiled egg, cucumber dill salad, horseradish crème fraiche, sauerkraut & pickled red onion. Topped with everything seasoning & fresh herbs*

Charles Bauderlegg £13.50

*Savoury croissant bread pudding, pancetta, caramelised onion & parmesan topped with a baked egg, fresh herbs & garlic. Served with beer mustard*

Chilaquiles £14.00 (N)

*Corn tortilla chips tossed in salsa roja, topped with chipotle beans, smokey bacon sausage, two baked eggs, avocado crema, pickled red onion & Salt queso fresco. Served with aji verde & salsa macha*

Great Eggspectations £12.50 (V)

*Three egg soft scramble, grilled asparagus, artichoke & spinach cream & herby salad on sourdough toast with a preserved lemon dressing*

*Add pancetta +£3.00  
Add Lancaster honey hot smoked salmon +£4.00*

Rice Against The Aubergine £13.00 (V) or (VE) (N)

*Confit tomatoes & aubergine on red crispy rice, two baked eggs, preserved lemon dressing, pine nuts, crispy shallots & harissa yoghurt*

*Add pancetta +£3*

Buttermilk Pancakes £12.50

*See our specials board for this week's fluffy pancakes  
available Saturday & Sunday*

*(V) vegetarian (VE) can be made vegan (N) includes nuts*



## Sandwiches

Fräulein Sausage £10.00

*Smokey sausage & bacon patty, fried egg, bratwurst, crispy shallots, curry ketchup, sauerkraut & beer mustard on a toasted brioche bun*

*Add smokey sausage patty +£3  
Add pancetta +£3*

Paddington Butty £13.50

*Peruvian roast chicken thigh, aji verde, home fries, avocado crema, pineapple marmalade & mango honey on a warm ciabatta. Served with cucumber dill salad*

Lamb Bam Thank ya Ma'am! £15.00

*Baharat & tomato braised lamb shoulder, roast aubergine, harissa yoghurt, fig molasses, pickled onion, fresh mint & crispy shallots on a Lebanese flatbread. Served with potato & fennel salad*

Paris Is Burning £10.00

*Gruyere & Emmental grilled cheese with honey butter, Dijon mustard & caramelised onions on a flattened croissant. Served with herb salad*

*Add fried egg +£1.50  
Add pancetta +£3*

Monsoon Wedding £9.50 (V) (N)

*Curry leaf egg crepe omelette, coriander pesto, Emmental, amba sauce, crispy shallots, saffron mayonnaise & watercress on a toasted brioche bun. Served with potato & fennel salad*

*Add fried egg +£1.50  
Add pancetta +£3*

Niçoise Sarnie £11.50

*Lancaster honey hot smoked salmon, soft boiled egg, potato & fennel salad, olives, green beans, confit tomato & dijonnaise on sourdough. Served with cucumber dill salad*

Vada Pav £9.50 (VE) (N)

*Mumbai style potato fritter, date & tamarind chutney, coriander pesto, crispy shallots & crunchy garlic crispy bits on a warm ciabatta. Served with herb salad*

## Tots & Bits

Tots £4.50 (VE)

*Seasoned with Maldon salt & a choice of dip. Choice from Salt ketchup (ve), Beer mustard (ve), hummus (ve), Amba sauce (ve), aji verde (v), curry ketchup (ve), roast garlic mayo (ve), saffron mayo (v)*

*Extra dip +£0.90*

Tot Haynes £7.00 (VE) (N)

*Tots topped with hummus, harissa, crispy garlic bits, coriander pesto, pine nuts, amba sauce & crispy shallots*

Baked Potato Tots £7.50

*Tots topped with horseradish dill crème fraiche, crispy bacon, fresh herbs, crispy shallots & everything seasoning*

Taco Tots £7.50 (V) (N)

*Tots tossed in salsa roja topped with avocado crema, queso fresco, coriander pesto & salsa macha*

Side of fennel potato salad £4.50 (VE)

Side of grilled asparagus & green beans with toasted almonds £4.50 (V) (N)

Side of chipotle beans £4.50

*forals? for Spring?  
Ground breaking x*



