



GOOD  
FOOD  
AWARD™

spring **SALT** of the earth menu

## Little Breakfast

### Sourdough Toast £3.00 (V) or (VE)

Lagom Bakery sourdough served with Derby Hill Farm butter & Salt strazzberry jam

### Banana Bread £4.50 (V) (N)

Chocolate pecan banana bread served warm with whipped vanilla mascarpone

### Lemon Blueberry Muffin £3.50 (VE)

With vegan cream cheese frosting

### The Pineapple Song £8.50 (V) (N)

Coconut Greek yoghurt, Salt toasted coconut granola, pineapple marmalade, lime curd, mango honey & berries

### PB & J Toastie £8.00 (V) or (VE) (N)

Waffle toasted Salt peanut butter & raspberry grape jam with toasted peanuts on brioche tin loaf. Served with whipped vanilla mascarpone & speculoos crumble

Add smoked streaky bacon +£2.50

Add caramelised banana **10 dollars!** +£2.00

*Check our bake stand for our ever changing homemade bakes*

## Salt Brunch

### Toronto Toast £12.50

Thick brioche French toast, smoked streaky bacon, blueberry compote, whipped vanilla mascarpone, speculoos pretzel crumble, fresh berries & maple syrup

(V) swap streaky bacon for caramelised banana

Add caramelised banana +£2.00

### Nina Salmone £14.00

Lancaster honey hot smoked salmon, potato & fennel salad, soft boiled egg, cucumber dill salad, horseradish crème fraiche, sauerkraut & pickled red onion. Topped with everything seasoning & fresh herbs

### Charles Bauderlegg £13.50

Savoury croissant bread pudding, pancetta, caramelised onion & parmesan topped with a baked egg, fresh herbs & garlic. Served with beer mustard

### Chilaquiles £14.00 (N)

Corn tortilla chips tossed in salsa roja, topped with chipotle beans, smokey bacon sausage, two baked eggs, avocado crema, pickled red onion & Salt queso fresco. Served with aji verde & salsa macha

### Great Eggspectations £12.50 (V)

Three egg soft scramble, grilled asparagus, artichoke & spinach cream & herby salad on sourdough toast with a preserved lemon dressing

Add pancetta +£3.00

Add Lancaster honey hot smoked salmon +£4.00

### Rice Against The Aubergine £13.00 (V) or (VE) (N)

Confit tomatoes & aubergine on red crispy rice, two baked eggs, preserved lemon dressing, pine nuts, crispy shallots & harissa yoghurt

Add pancetta +£3

### Buttermilk Pancakes £12.50

See our specials board for this week's fluffy pancakes available Saturday & Sunday

(V) vegetarian (VE) can be made vegan (N) includes nuts

## Sandwiches

### Fräulein Sausage £10.00

Smokey sausage & bacon patty, fried egg, bratwurst, crispy shallots, curry ketchup, sauerkraut & beer mustard on a toasted brioche bun

Add smokey sausage patty +£3

Add pancetta +£3

### Paddington Butty £13.50

Peruvian roast chicken thigh, aji verde, home fries, avocado crema, pineapple marmalade & mango honey on a warm ciabatta. Served with cucumber dill salad

### Lamb Bam Thank ya Ma'am! £15.00

Baharat & tomato braised lamb shoulder, roast aubergine, harissa yoghurt, fig molasses, pickled onion, fresh mint & crispy shallots on a Lebanese flatbread. Served with potato & fennel salad

### Paris Is Burning £10.00

Gruyere & Emmental grilled cheese with honey butter, Dijon mustard & caramelised onions on a flattened croissant. Served with herb salad

Add fried egg +£1.50

Add pancetta +£3

### Monsoon Wedding £9.50 (V) (N)

Curry leaf egg crepe omelette, coriander pesto, Emmental, amba sauce, crispy shallots, saffron mayonnaise & watercress on a toasted brioche bun. Served with potato & fennel salad

Add fried egg +£1.50

Add pancetta +£3

### Niçoise Sarnie £11.50

Lancaster honey hot smoked salmon, soft boiled egg, potato & fennel salad, olives, green beans, confit tomato & dijonnaise on sourdough. Served with cucumber dill salad

### Vada Pav £9.50 (VE) (N)

Mumbai style potato fritter, date & tamarind chutney, coriander pesto, crispy shallots & crunchy garlic crispy bits on a warm ciabatta. Served with herb salad

## Tots & Bits

### Tots £4.50 (VE)

Seasoned with Maldon salt & a choice of dip. Choice from Salt ketchup (ve), Beer mustard (ve), hummus (ve), Amba sauce (ve), aji verde (v), curry ketchup (ve), roast garlic mayo (ve), saffron mayo (v)

Extra dip +£0.90

### Tot Haynes £7.00 (VE) (N)

Tots topped with hummus, harissa, crispy garlic bits, coriander pesto, pine nuts, amba sauce & crispy shallots

### Baked Potato Tots £7.50

Tots topped with horseradish dill crème fraiche, crispy bacon, fresh herbs, crispy shallots & everything seasoning

### Taco Tots £7.50 (V) (N)

Tots tossed in salsa roja topped with avocado crema, queso fresco, coriander pesto & salsa macha

### Side of fennel potato salad £4.50 (VE)

Side of grilled asparagus & green beans with toasted almonds £4.50 (V) (N)

### Side of chipotle beans £4.50

*florals? for Spring?  
Ground breaking*

