



SALT

of the earth

takeaway menu

Small & Sweet

Almond Croissant £3.50 (V) or (VE)

Served warm with maple cream

Chocolate & Pecan Banana Bread £4.50 (V) (N)

Served warm with honey butter

Brioche Donut £3.50 (V)

Check the bake stand for today's glaze

Blueberry Bircher £7.50 (V) (N)

Greek yoghurt, blueberries, apples, toasted oats topped with burnt orange honey & pistachio

PB & J Toastie £7.50 (V) or (VE) (N)

Waffle toasted Salt peanut butter & Raspberry grape jam with toasted peanuts on brioche tin loaf, served with whipped vanilla mascarpone & speculoos crumble

Side of Homemade Hash Browns £4.50 (VE)

Sauces £0.90

Béarnaise, Salt dijon, Salt ketchup, Provencal tomato jam, Truffle hot sauce, Brown

(V) vegetarian (VE) can be made vegan (N) includes nuts

Sandwiches

Jambon Beurre £8.00

Homemade torchon ham, French butter & cornichons on a warm crusty baguette

Add gruyere +£2.00

The Devil Wears Sausage Part 2 £8.00

Pork & tomato sausages, two egg cheesy omelette & Salt ketchup on a toasted English muffin

Béarnaise Sanders £8.00

Smoked streaky bacon, two egg cheesy omelette, Provencal tomato jam & everything seasoning on a toasted croissant

Add pork & tomato Sausage +£2.00

Croque Monsieur £8.00

Homemade torchon ham, gruyere, sauerkraut, Emmental, Salt Dijon & bechamel on butter toasted brioche

Add a fried egg +£1.50

Mushroom Baguette £8.00 (V)

Garlic mushroom, truffle hot sauce, Emmental & Goosnargh goats cheese omelette on a warm baguette

Salmon Omelette £8.00

Lancaster honey hot smoked salmon, 2 egg herby omelette, bearnaise, café de paris butter on a toasted sourdough bagel

Egg Boy £10.00 (V)

Herby egg frittata, jalapeno cream cheese, Salt hash brown, American cheese, Salt truffle hot sauce & Provencal tomato jam on a warm baguette

Add smoked streaky bacon +£2.50

Francis Bacon £7.50

Smoked streaky bacon, Jalapeno cream cheese, beef tomato, truffle hot sauce, iceberg lettuce on a toasted sourdough bagel

Choose Your Fighter

Choose your bread:

Baguette / Croissant / English Muffin / Sourdough Bagel / Brioche Bun

Filled with:

Pork & herb sausage £2.50

Smoked streaky bacon £2.00

Lancaster honey hot smoked salmon £3.00

Salt hash brown £2.00

2 egg omelette £2.00

Fried egg £1.50

Garlic mushrooms £2.00

Cheese (Gruyere/ Emmental/ American / Goosenargh goats cheese) £1.00

Plus a sauce

Salt ketchup / brown sauce / Provencal tomato jam / Salt dijon / béarnaise