



## Little Breakfast

Sourdough Toast £2.90 (V) or (VE)

Lagom Bakery sourdough served with Derby Hill Farm butter & Salt strazzberry jam

Banana Bread £4.50 (V) (N)

 $Chocolate\ pecan\ banana\ bread\ served\ warm\ with\ whipped\ honeycomb\ butter$ 

Lemon & Raspberry Muffin £3.50 (VE)

With vegan cream cheese frosting

Pistachio Lemon Granola £8.50 (V)(N)

Lemon Greek yoghurt, pistachio & cranberry granola, raspberry compote, cacao honey & berries

Baked Apple Porridge £8.50 (V) or (VE) (N)

Vanilla nutmeg creamy porridge, brown sugar caramel, almond butter & baked apple topped with hazelnut crumble

Check our bake stand for our ever changing homemade bakes

# Salt Brunch

Toronto Toast £12.50

Thick brioche French toast, smoked streaky bacon, raspberry compote, whipped honeycomb butter, berries & maple syrup. Topped with speculoos biscuit pretzel crumble

(V) swap streaky bacon for caramelised banana Add caramelised banana  $+\pounds 2.50$ 

True Grits £13.50

Cheesy breakfast grits, crispy pancetta, two fried eggs & toasted sourdough. Topped with 'nduja butter & herb oil

Egg Ryan £12.00 (V) (N)

 $Two \ fried \ eggs, \ charred \ tender \ stem \ broccoli, \ crispy \ cavolo \ nero, \\ aji \ verde \ \& \ Salt \ chilli \ crisp \ on \ garlicky \ sourdough \ to ast$ 

Swap to scambled eggs +£1.00

Add pancetta +£2.50

Add Lancaster honey hot smoked salmon +£4.00

#### Desperately Seeking Salmon £14.00

Lancaster honey hot smoked salmon, soft boiled egg, pepperoncini cream cheese, pickled red onion, sweet pickled beetroot, sprout kraut, everything seasoning & fresh herbs on a scallion potato pancake

Green Eggs & Ham £13.50

Eggs braised in herb infused cream with shredded roast ham, baby leeks, tender stem broccoli & petit pois. Served with sourdough toast & bearnaise

Swap ham for Lancaster honey hot smoked salmon +£2.00

Mushroom Bibimbap £13.50 (V) or (VE) (N)

Mushrooms sauteed with cumin seed & gochugaru, fried duck egg, sticky rice, Salt kimchi & sprout kraut. Served with roasted sesame dressing & Salt chilli crisp

Salt Hash £14.00

Breakfast hash with shredded treacle ham, crispy hash browns & cavolo nero, topped with a fried duck egg. Served with bearnaise

Buttermilk Pancakes £12.50

See our specials board for this week's fluffy pancakes available Saturday & Sunday

(V) vegetarian (VE) can be made vegan (N) includes nuts

## **Sandwiches**

add a cup of soup to any sandwich +£3.00

Beef Wellie Buttie £15.00

Flat iron steak, mushroom fricassee, puff pastry, mustard crème fraiche on a warm toasted ciabatta. Served with bone marrow gravy & apple & fennel slaw

served medium rare

Lancashire Grilled Cheese £10.00 (V)

Sandhams' creamy Lancashire, fermented apple & Eccles cake chutney on grilled Lagom sourdough. Served with apple & fennel slaw

Add pancetta +£2.50

Flat Pack Sausage £10.00

Swedish meatball sausage, pancetta, fried egg, crispy shallot, lingonberry ketchup & gravy on a toasted brioche bun

This Charming Ham £11.50

Sticky treacle roast ham, fried duck egg, pineapple piccalilli, mustard crème fraise & salt & vinegar crisps on toasted ciabatta. Served with apple & fennel slaw

Demeggorgon £9.50 (V) (N)

Herby eggy sourdough bagel, fried egg, tenderstem broccoli, aji verde, pickled chillis, spinach, Salt crisps, Emmental & parmesan

Broccoli Rueben £9.50 (V) or (VE)

Charred tender stem broccoli, Emmental, 1000 island dressing, sprout kraut & pickles on grilled Lagom sourdough. Served with sweet pickled beetroot

Panelle Woods £9.50 (VE) (N)

Crispy rosemary chickpea fritter, romesco sauce, roast garlic mayo, roast peppers & spinach on warm garlic toasted ciabatta. Served with apple & fennel slaw

Add fried egg +£1.50

Soup of the Day £7.50

Check our specials board for today's soup, served with sourdough bread & Derby Hill Farm butter

# **Tots & Bits**

Tots £4.50 (VE)

Seasoned with Maldon salt & a choice of dip. Choice from Salt Ketchup (ve), roast garlic mayo (ve),1000 island (ve), bearnaise (v), Salt mustard (ve), aji verde (v), lingonberry ketchup (ve), toasted sesame dressing (ve)

Extra dip +£0.90

Kimmi Tots £7.00 (*VE*) (*N*)

Tots tossed in chilli crisp, topped with homemade kimchi, pickled chillies & toasted sesame dressing

Jalapeno Popper Tots £7.00 (V)

Tots topped with pepperoncini cream cheese, pickled jalapeno, aji verde & pangrattato

Tots, Cheese & Gravy £7.50

Tots tossed in bone marrow gravy, topped with melted Emmenthal, crispy shallots & mustard crème fraiche

Side of crispy hash £4.50 (V)

Side of grits with nduja butter £4.50

If you have any dietary requirements please inform a member of staff. Even though we have a small kitchen we will try our best to accommodate, but we cannot guarantee lack of cross contamination.





