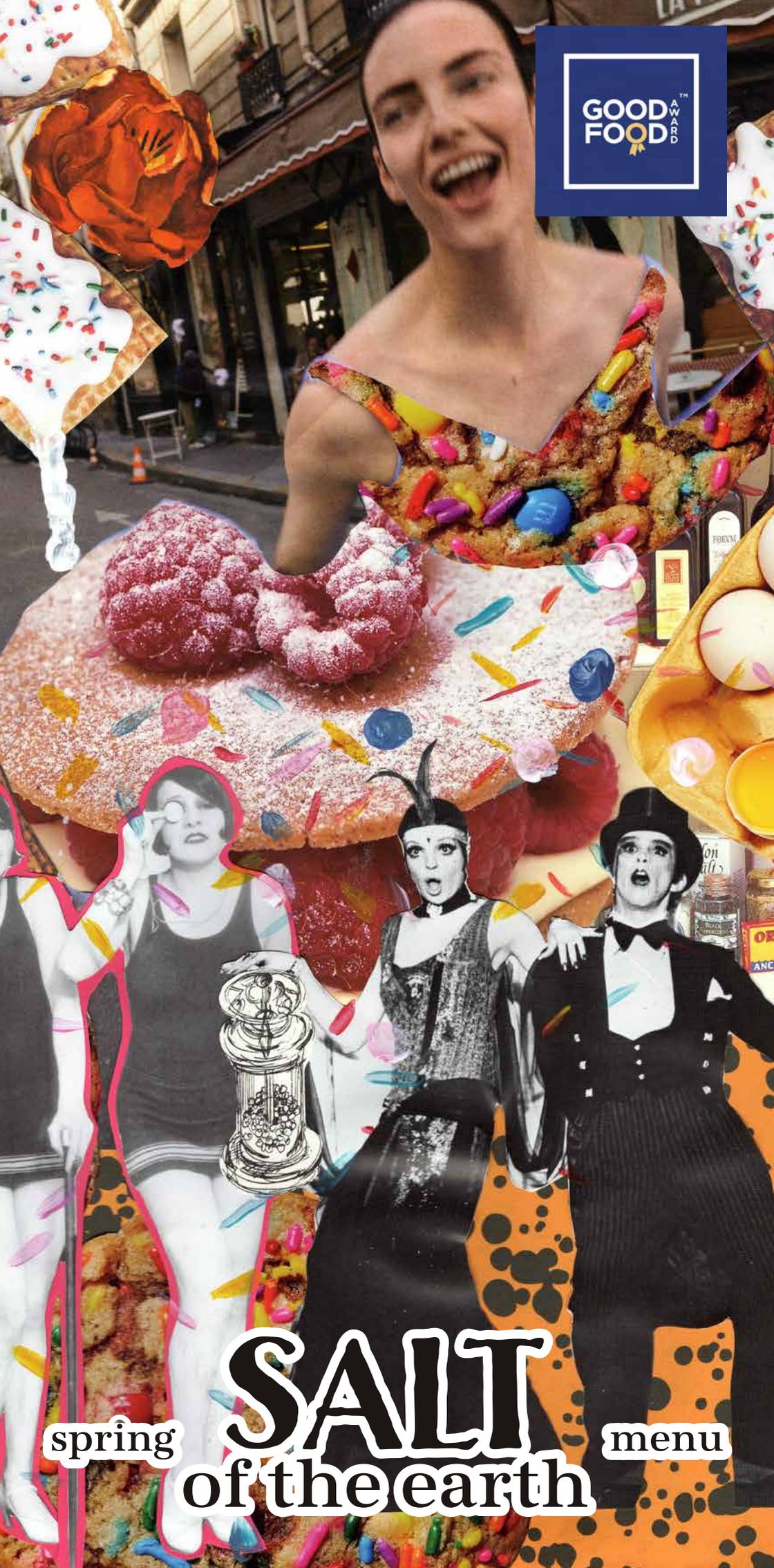


GOOD FOOD™  
AWARD



spring

# SALT of the earth

menu



## Little Breakfast

**Sourdough Toast** £3.00 (V) or (VE)

*Lagom Bakery sourdough served with Derby Hill Farm butter & Salt strazzberry jam*

**Banana Bread** £4.50 (V) (N)

*Chocolate pecan banana bread served warm with whipped vanilla mascarpone*

**Lemon Blueberry Muffin** £3.50 (VE)

*With vegan cream cheese frosting*

**The Pineapple Song** £8.50 (V) (N)

*Coconut Greek yoghurt, Salt toasted coconut granola, pineapple marmalade, lime curd, mango honey & berries*

**PB & J Toastie** £8.00 (V) (N)

*Waffle toasted Salt peanut butter & raspberry grape jam with toasted peanuts on brioche tin loaf. Served with whipped vanilla mascarpone & speculoos crumble*

*Add smoked streaky bacon +£2.50*

*Add caramelised banana **10 dollars!** +£2.00*

*Check our bake stand for our ever changing homemade bakes*



## Salt Brunch

**Toronto Toast** £12.50

*Thick brioche French toast, smoked streaky bacon, blueberry compote, whipped vanilla mascarpone, speculoos pretzel crumble, fresh berries & maple syrup*

*(V) swap streaky bacon for caramelised banana*

*Add caramelised banana +£2.00*

**Nina Salmone** £14.00

*Lancaster honey hot smoked salmon, potato & fennel salad, soft boiled egg, cucumber dill salad, horseradish crème fraiche, sauerkraut & pickled red onion. Topped with everything seasoning & fresh herbs*

**Charles Bauderlegg** £13.50

*Savoury croissant bread pudding, pancetta, caramelised onion & parmesan topped with a baked egg, fresh herbs & garlic. Served with beer mustard, grilled asparagus & herby salad*

**Chilaquiles** £14.00 (N)

*Corn tortilla chips tossed in salsa roja, topped with chipotle beans, smokey bacon sausage, two baked eggs, avocado crema, pickled red onion, aji verde, salsa macha & Salt queso fresco.*

**Great Eggspectations** £12.50 (V)

*Three egg soft scramble, grilled asparagus, artichoke & spinach cream & herby salad on sourdough toast with a preserved lemon dressing*

*Add pancetta +£3.00*

*Add Lancaster honey hot smoked salmon +£4.00*

**The Rice & Fall of Ziggy Stardust** £13.00 (V) or (VE) (N)

*Salt Kimchi & tomato rice, two baked eggs, confit tomatoes, coriander pesto, crispy shallots, sesame & pickled red onions.*

*(VE) swap eggs for silken soy dressed tofu*

*Add crispy bacon bits +£2.00*

**Buttermilk Pancakes** £12.50

*See our specials board for this week's fluffy pancakes*

*available Saturday & Sunday*

*(V) vegetarian (VE) can be made vegan (N) includes nuts*





# Sandwiches

## Fräulein Sausage £10.00

*Smokey sausage & bacon patty, fried egg, bratwurst, crispy shallots, curry ketchup, sauerkraut & beer mustard on a toasted brioche bun*

*Add smokey sausage & bacon patty +£3  
Add pancetta +£3*



## Paddington Butty £13.50

*Peruvian roast chicken thigh, aji verde, home fries, avocado crema, pineapple marmalade & spinach on a warm ciabatta. Served with cucumber dill salad*

## Lamb Bam Thank ya Ma'am! £15.00

*Baharat & tomato braised lamb shoulder, roast aubergine, harissa yoghurt, fig molasses, pickled onion, fresh mint & crispy shallots on a Lebanese flatbread. Served with potato & fennel salad*

## Paris Is Burning £10.00

*Gruyere & Emmental grilled cheese with honey butter, Dijon mustard & caramelised onions on a flattened croissant. Served with herb salad*

*Add fried egg +£1.50  
Add pancetta +£3*

## Monsoon Wedding £9.50 (V) (N)

*Curry leaf egg crepe omelette, coriander pesto, Emmental, amba sauce, crispy shallots, saffron mayonnaise & watercress on a toasted brioche bun. Served with potato & fennel salad*

*Add fried egg +£1.50  
Add pancetta +£3*

## Niçoise Sarnie £11.50 (also available as a salad)

*Lancaster honey hot smoked salmon, soft boiled egg, potato & fennel salad, olives, green beans, confit tomato & dijonnaise on open sourdough. Served with cucumber dill salad.*

## Vada Pav £9.50 (VE) (N)

*Mumbai style potato fritter, date & tamarind chutney, coriander pesto, crispy shallots & crunchy garlic crispy bits on a warm ciabatta. Served with herb salad*

# Tots & Bits

## Tots £4.50 (VE)

*Seasoned with Maldon salt & a choice of dip. Choice from Salt ketchup (ve), Beer mustard (ve), hummus (ve), Amba sauce (ve), aji verde (v), curry ketchup (ve), roast garlic mayo (ve), saffron mayo (v)*

*Extra dip +£0.90*

## Tot Haynes £7.00 (VE) (N)

*Tots topped with hummus, harissa, crispy garlic bits, coriander pesto, pine nuts, amba sauce & crispy shallots*

## Baked Potato Tots £7.50

*Tots topped with horseradish dill crème fraiche, crispy bacon, fresh herbs, crispy shallots & everything seasoning*

## Taco Tots £7.50 (V) (N)

*Tots tossed in salsa roja topped with avocado crema, queso fresco, nachos, coriander pesto & salsa macha*

## Side of fennel potato salad £4.50 (VE)

## Side of grilled asparagus & green beans with toasted almonds £4.50 (V) (N)

## Side of chipotle beans with smokey bacon sausage £4.50

*Florals? for Spring?  
Ground breaking x*



