

GOOD
FOOD™
AWARD



main

SALT of the earth

menu

Little Breakfast

Sourdough Toast £2.90 (V) or (VE)

Lagom Bakery sourdough served with Derby Hill Farm butter & Salt strazzberry jam

Banana Bread £4.50 (V) (N)

Chocolate pecan banana bread served warm with whipped vanilla mascarpone

Pumpkin Chai Muffin £3.50 (VE)

With vegan clotted cream

Blackberry Crumble Granola £8.50 (V)(N)

Vanilla bean Greek yoghurt, pecan granola, blackberry & fig compote, pear honey, roast plum & berries

Carrot Cake Porridge £8.50 (V) or (VE) (N)

Carrot cake oat milk porridge, chai date caramel, topped with whipped vanilla mascarpone & toasted pecans*

**vegan whipped 'cream cheese' frosting*

Blueberry Cheesecake Bagel £6.00 (V)

Toasted sourdough bagel, whipped vanilla mascarpone, smashed blueberries, blueberry compote & pretzel speculoos crumb

Check our bake stand for our ever changing homemade bakes

Salt Brunch

Toronto Toast £12.50

Thick brioche French toast, smoked streaky bacon, blueberry compote, whipped vanilla mascarpone, berries, maple syrup & a pretzel speculoos crumb

*(V) swap streaky bacon for caramelised banana
Add caramelised banana +£2.50*

Scrangela Lansbury £13.50

Lancaster honey hot smoked salmon, potato, pea & fennel chowder topped with baked egg & kale. Served with rouille & Lagom sourdough toast

Alanis Morisegg £12.00 (V)

Garlicky soft scramble, parmesan, tarragon gremolata, roast seasonal squash, Dijon Hollandaise, sautéed kale & tomato jam on sourdough toast

Add pancetta +£2.50

Add Lancaster honey hot smoked salmon +£4.00

Tim Curry £11.50 (VE) (N)

Creamy curried butter beans, roasted seasonal squash, pickled red onion, fermented chilli, roast garlic yoghurt & toasted pine-nut crumble on Lagom sourdough toast

Shroom Service £12.50 (V) or (VE) (N)

Sauteed seasonal mushrooms, walnut cream, crispy kale & chive oil topped with toasted pine-nut crumble. Served with garlic sourdough toast

Add fried duck egg +£1.75

Add pancetta +£2.50

(VE) swap walnut velouté for roast garlic yogurt

Kate Hash £14.00

Rosemary and garlic roast ham & gnocchi breakfast hash, fried duck egg, crispy kale. Served with Dijon hollandaise

Miss Congeeniality £13.50 (N)

Chicken and roast garlic congee, fried duck egg, pancetta, chilli crisp, Chinese chives & spring onions

Available Friday - Sunday

Buttermilk Pancakes £12.50

*See our specials board for this week's pancakes.
Available Saturday & Sunday*

(V) vegetarian (VE) can be made vegan (N) includes nuts

Sandwiches

*add a cup of soup to
any sandwich +£3.00*

Short Rib Sloppy Joes £15.00

Beef short rib & chuck sloppy joes on warm ciabatta with American cheese, Emmental, smoked butter & caramelised shallot. Served with pickles

Figgy Pop £10.00 (V) (N)

French brie, blackberry & fig jam, caramelised shallots, thyme & hot honey on grilled Lagom sourdough. Served with candied fig & pickles
Add pancetta +£2.50

Lorne This Way £10.00

Lorne square sausage, tattie scone, Lancaster haggis, fried egg, bacon ketchup & chipotle chilli jam on a toasted brioche bun
Add an extra square sausage +£3.00
Add pancetta +£2.50

Celine Dijon £13.50

Rosemary & garlic roast ham, gruyere, Emmental, caramelised onion bechamel & Salt mustard on toasted brioche, topped with a fried egg. Served with pickles

Grandmaster Mash £9.50 (V) (N)

Mash potato, fried duck egg, scallion cream cheese, chilli crisp, dill pickle crisps, tomato jam on a toasted brioche bun
Add pancetta +£2.50

Bring The Beet In £9.50 (VE) (N)

Baharat roasted beetroot, aubergine pickle, roast garlic yoghurt, toasted seeds, fig molasses & spinach on warm sourdough, served with dill pickle crisps

Susan Salmandon £9.50

Lancaster honey hot smoked salmon, scallion cream cheese, pickled red onion, dill pickle crisps, roasted beetroot, everything seasoning & fresh herbs on a toasted sourdough bagel

Soup of the Day £7.00

Check our specials board for today's soup, served with sourdough bread & Derby Hill Farm butter

Tots & Bits

Tots £4.50 (VE)

Seasoned with Maldon salt & a choice of dip. Choose from Salt Ketchup (ve), dijon hollandaise (v), Salt mustard (ve), roast garlic mayo (v), rouille (v) chipotle jam (ve), fermented chilli (ve), peach & scotch bonnet hot sauce (v)
Extra dip +£0.90

The Charlie brown and Snoopy Tots £6.50 (VE) (N)

Tots tossed in chilli crisp, topped with spicy peanut dressing, toasted peanuts, spring onions, sesame & crispy shallots

The Tot Saga; Breaking Dawn part II £7.00 (V)

Tots tossed in roasted garlic topped with parmesan, tarragon gremolata & rouille

Après Tots £7.00 (V)

Tots tossed in dill pickle seasoning, melted gruyere, Dijon hollandaise, green tomato ketchup, pickled red onion, & cornichons

Side of gnocchi hash £4.50 (V)

Breakfast Cocktails

2 of the same type for £15.00

Apple Pie Margarita £8.50 (V)

Salt toffee apple syrup, Olmeca Blanco, Cointreau, lime, Apple juice, roasted spice blend

Fermented Chilli Bloody Mary £8.50 (VE)

Absolut, Salt fermented chilli, Sriracha, Hendersons, Big Tom & Salt spice mix

Walnut Honey Espresso Martini £8.50 (V)

Absolut, Kahlua, Salt walnut honey, Timber Town double espresso & Maldon salt

(V) vegetarian (VE) can be made vegan (N) includes nuts



If you have any dietary requirements please inform a member of staff. Even though we have a small kitchen we will try our best to accommodate, but we cannot guarantee lack of cross contamination.